

BONE ANCHORED HEARING IMPLANT

POST-OPERATIVE INSTRUCTIONS

Yohan Song, MD

1. Dressing:

- a. Please keep pink bandage and clear disc dressing in place for 1 week.

2. Showering and water precautions:

- a. Do not get the head wet until your first post-operative visit.
- b. **Please bring your backpack with you** to your 1 week post-op visit. Your surgeon will remove your pink bandage and clear disc, and place a black healing cap on your implant. After the black healing cap goes on, you may start cleaning around the implant and start showering.

3. Device Activation:

- a. We typically wait at least 6 weeks prior to your implant activation. It can sometimes be longer than 6 weeks depending on how you're healing.

4. Medication:

- a. Take antibiotic if prescribed.
- b. Take Tylenol/Motrin for pain. If pain is not adequately controlled, then take the prescription for pain medication as needed.

5. Activity restrictions for 2 weeks after surgery:

- a. No heavy lifting, bending or strenuous activity. No exercise workouts.
- b. Do not blow nose. When sneezing, keep mouth open.
- c. No lifting more than 20 lbs.

6. Driving:

- a. No driving for 3 days after surgery. After that, you may drive provided you are not dizzy and not taking prescription pain medicine.

7. *The following sensations are normal after surgery. You may experience some or all of them:*

- a. Some bleeding from the incision
- b. Mild pain and discomfort

• *Call Dr. Song at 770-225-1874 if the following occur:*

- Severe spinning, dizziness occurs.
- Excessive bleeding from the incision.
- Any adverse reaction to prescription medication.
- Fever more than 100.5 degrees

- If you need to call after hours or on the weekend, please call the office at 770-225-1874