

**POST OPERATIVE INSTRUCTIONS (MYRINGOTOMY and TYMPANOSTOMY TUBES)**

1. Return to clinic for a post-operative visit in 1 month. Please call the number below to schedule an appointment.
2. Use the antibiotic ear drops as directed after surgery. If you develop a burning sensation, you may stop the drops.
3. Drainage (reddish/brown) from the ear is normal for the first few days after surgery.
4. Use Tylenol and Motrin as needed. For children, it is a good idea to schedule the Tylenol and Motrin alternating them for the first 2-3 days. A low-grade fever is common for several days after surgery. Call the office if the temperature is greater than 102 F.
5. You may experience immediate changes in hearing. For children, tugging or digging in the ear after surgery is common. Children may need a few days to adjust to their new hearing.
6. Avoid getting water in the ears when showering. You may buy Mack's ear plugs which are available over the counter in most pharmacies. You may also purchase cotton and saturate it with Vaseline or Aquaphor. Place the cotton with the vaseline on the outside of the ear when you are showering to prevent water from getting into the ear. Please refer to our website: <https://atlantaotology.com/patient-handouts/> and scroll down to 'Dry Ear Precautions' handout for more information.

If you have any questions or to make an appointment, please call 770-225-1874. If you need to call at night or on the weekend, call the office number 770-475-3361.